



The Lochside Larder

By Spean Bridge, Inverness-shire, PH34 4EB - 01809 501 246

www.sevenheadsstore.co.uk

Name:

Boat No. / Lodge No.

Tel No:

Date for delivery:

Email Address

Orders must be placed 5 days before delivery & will be delivered to your boat/lodge in time for your arrival. Minimum order £20. **Delivery charge £2.50 (within a 5 mile radius)**. All items are subject to availability. We reserve the right to substitute an item for one of equal or greater value.. An email confirmation of your order will be sent to you. If you require an item not listed on this form, please contact us and we will do our best to get it for you.

**Please send this form to:
WELL OF THE SEVEN HEADS
BY SPEAN BRIDGE
INVERNESS-SHIRE
PH34 4EB**

shop@sevenheadsstore.co.uk

An invoice will be delivered with your order. To pay by debit/credit card please leave card details at West Highland Sailing Reception or telephone the shop. Please make cheques payable to 'Well of the Seven Heads'. Payment will not be taken until the order is completed. Prices may vary and all products are subject to availability. We reserve the right to substitute an item for a similar product.

Visit our website for our opening hours and latest news. Our Lochside Larder serves bean to cup coffee, breakfast rolls, toasted sandwiches, homemade soup, home-baking, pies, sandwiches and more, available to takeaway or be enjoyed at our loch-side picnic area. Wifi available. We stock a range of basic groceries, bread, milk, chilled & frozen goods as well as ice-cream, stamps, mobile top ups and fishing tackle.

| Item | Unit | Price | Quantity Required |
|---------------------------------|-----------|--------|-------------------|
| Drinks – Alcoholic | | | |
| Stella Artois | 500ml can | £1.50 | |
| Guinness | 440ml can | £1.75 | |
| Tennants | 500ml can | £1.50 | |
| McEwans Export | 500ml can | £1.65 | |
| Strongbow Cider | 400ml can | £1.20 | |
| Red wine | 70cl | £6.50 | |
| White wine | 70cl | £6.50 | |
| Rosé wine | 70cl | £6.50 | |
| Grouse Whisky | 70cl | £19.99 | |
| | 35cl | £11.99 | |
| Glens Vodka | 35cl | £8.50 | |
| Gordon's Gin | 35cl | £9.75 | |
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| Local Beer | 500ml | £2.99 | |
| Drinks – Soft | | | |
| Orange Juice | 1L | £1.80 | |
| Apple Juice | 1L | £1.80 | |
| Coca Cola | 2L | £2.45 | |
| Diet Coke | 2L | £2.45 | |
| Lemonade | 2L | £1.95 | |
| Irn Bru | 2L | £2.45 | |
| Water – Sparkling | 2L | £0.95 | |
| Water – Still | 2L | £0.95 | |
| 5L Water | 2L | £2.25 | |
| Robinsons Orange Cordial | | £1.80 | |
| Tea & Coffee | | | |
| Ground Coffee | 250g | £3.99 | |
| Nescafé Instant Coffee | 100g | £3.50 | |
| Tetley Tea Bags | 40 | £1.80 | |
| Granulated Sugar | 1kg | £1.20 | |
| Cadbury's Instant Hot Chocolate | 400g | £2.99 | |
| Condiments | | | |
| Salt | 70g | £0.75 | |
| Ground Black Pepper | 25g | £0.75 | |
| Hellmans Mayonnaise | 200g | £1.85 | |
| Heinz Salad Cream | 295g | £1.75 | |
| Cooking Oil | 500ml | £1.60 | |
| Heinz Tomato Sauce | 300ml | £1.80 | |
| HP Brown Sauce | 255g | £1.45 | |
| Tinned Goods | | | |
| Tinned Tomatoes | 400g | £1.30 | |
| Heinz Baked Beans | 415g | £0.99 | |
| Heinz Tomato Soup | 400g | £1.10 | |
| Heinz Chicken Soup | 400g | £1.10 | |

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| Bolognese Sauce | 500ml | £1.99 | |
| Korma Sauce | 500ml | £1.99 | |
| Cereal | | | |
| Kellogg's Cornflakes | 500g | £2.79 | |
| Weetabix | 12 pack | £1.99 | |
| Kellogg's Coco Pops | 295g | £2.30 | |
| Kellogg's Rice Crispies | 340g | £2.30 | |
| Kellogg's Variety Pack | 8 pack | £2.99 | |
| Scotts Porridge Oats | 500g | £1.75 | |
| Jams | | | |
| Crunchy Peanut Butter | 227g | £1.99 | |
| Strawberry Jam | 340g | £1.99 | |
| Marmalade | 454g | £1.85 | |
| Nutella | 200g | £1.75 | |
| Bread | | | |
| White loaf | | £1.60 | |
| Brown loaf | | £1.60 | |
| White rolls | | £0.30 each | |
| Brown rolls | | £0.30each | |
| Demi Baguette (Fresh Baked) | | £0.65 each | |
| Croissants (Fresh Baked) | | £0.75 each | |
| Danish Pastry (Fresh Baked) various | | £0.95 each | |
| Pasta & Rice | | | |
| Penne Pasta | 500g | £1.00 | |
| Spaghetti | 500g | £0.95 | |
| Macaroni | 500g | £0.95 | |
| Uncle Bens Rice | 500g | £1.99 | |
| Biscuits | | | |
| Walkers Shortbread | | £1.60 | |
| Digestives | 300g | £1.20 | |
| Chocolate Digestives | 300g | £1.85 | |
| Rich Tea | 300g | £1.25 | |
| Tunnocks Teacakes | 6 pack | £1.25 | |
| Walkers Oatcakes | | £1.20 | |
| Crisps | | | |
| Walkers Multipack | 6 pack | £2.15 | |
| Mackies Ready Salted Share Bag | | £1.99 | |
| Cleaning | | | |
| Kitchen roll | 2 pack | £1.99 | |
| Toilet roll | 4 pack | £2.25 | |

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| Anti-Bacterial Spray | | £1.99 | |
| Washing Up Liquid | | £1.45 | |
| Sponge Scourer | | £0.80 | |
| Dish Cloth | | £1.50 | |
| Rubbish bags | 5 pack | £2.00 | |
| Matches | | £0.18 | |
| Disposable Lighter | | £0.70 | |
| Tin Foil | 5m | £1.35 | |
| Cling Film | 20m | £1.65 | |

Fruit & Vegetables

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|----------------|--------|------------|--|
| Oranges | | £0.40 each | |
| Apples | | £0.45 each | |
| Bananas | | £0.40 each | |
| Lettuce | | £1.50 | |
| Tomato | 6 pack | £1.65 | |
| Cucumber | 1/4 | £0.40 | |
| Pepper | | £0.80 | |
| Onions | 1kg | £1.65 | |
| Carrots | 500g | £0.89 | |
| Potatoes | 2kg | £2.10 | |
| Mushrooms | 275g | £1.39 | |
| Salad Potatoes | 750g | £1.59 | |

Prices may vary subject to season & supply.

Chilled Items

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| Bacon | 6 | £1.39 | |
| Sausage | 8 | £1.00 | |
| Speyside Black Pudding | 2 slice | £0.99 | |
| Speyside Haggis | 2 slice | £0.99 | |
| Milk – Full Fat | 2L | £1.70 | |
| Milk – Semi Skimmed | 2L | £1.70 | |
| Free Range Eggs | 6 | £1.85 | |
| Butter | | £1.65 | |
| Kerrymaid Spread <i>or similar</i> | 250g | £1.99 | |
| Scottish Cheddar Cheese | 200g | £2.45 | |
| Mattessons Cooked Ham | 5 slice | £1.99 | |
| Chorizo (sliced) | 100g | £1.99 | |
| Brie or Camembert | | POA Please state requirement | |
| Serrano Ham or Salami | | POA Please state requirement | |

DJ Macdougall Butchers –Fort Augustus (must be ordered 7 days before arrival)

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|---------------------------|--------|---------------|--|
| Beefburgers | 2 pack | £2.80 | |
| Venison Burgers | 2 pack | £3.40 | |
| Beef Mince (£9.98 per kg) | 250g | £2.50 approx. | |
| | 500g | £4.99 approx. | |

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| Chicken Breast (£9.48 per kg) | | £2.30 each approx. | |
| <i>New for 2015, we have a lovely selection of quality Scottish produce.</i> | | | |
| Great Glen Charcuterie | | | |
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| Green Pepper Venison Salami | 90g | £4.99 | |
| Mustard Seed Venison Salami | 90g | £4.99 | |
| Black Pepper Venison Salami | 90g | £4.99 | |
| Venison Chorizo | 75g | £3.99 | |
| Chilli Venison Chorizo | 75g | £3.99 | |
| Scottish Cheeses | | | |
| Black Crowdie | | £2.99 | |
| Tain Truckle | | £4.75 | |
| Connage Highland Heart | | £3.90 | |
| Strathdon Blue | | £2.99 | |
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| Stoats Porridge Quick Pots | | | |
| Classic Scottish | 60g | £1.10 | |
| Apple & Cinnamon | 60g | £1.40 | |
| Cranberry & Blueberry | 60g | £1.40 | |
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| The Whisky Sauce Co. | | | |
| Scotch Whisky Sauce | 125ml | £2.99 | |
| Scotch Bonnet Sauce | 125ml | £2.99 | |
| Scotch Whisky Dressing | 125ml | £2.99 | |
| Scotch Whisky Vinegar | 125ml | £2.99 | |
| Scotch Whisky Syrup | 165g | £2.99 | |
| Scotch Whisky Butterscotch Sauce | 135g | £2.99 | |
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| Struan Apiaries Handmade Preserves | | | |
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| Raspberry Conserve | 340g | £2.65 | |
| Strawberry Conserve | 340g | £2.65 | |
| Peach Melba Conserve | 340g | £2.65 | |
| Damson Conserve | 340g | £2.65 | |
| Thick Cut Marmalade | 340g | £2.80 | |
| Scottish Crunchy Marmalade | 265g | £2.80 | |
| Highland Poachers Pickle | 312g | £2.80 | |
| Caramelised Red Onion Chutney | 300g | £2.80 | |
| Heather Honey | 227g | £3.85 | |
| Blossom Honey | 227g | £3.85 | |

Celebration Pack

Bottle of Bubbly



Box of quality Chocolates



£25



The Lochside Larder

SUNDOWNER PACK £40

- 1 Red Wine
- 1 White Wine
- 1 bottle Coke
- 1 Large bag Mackies Ready Salted Crisps
- 6 cans Tennents lager
- 1 bottle Lemonade
- 1 box oatcakes
- 1 scottish cheddar
- 2 large bottles still water
- Peanuts
- 1 carton fresh orange

STARTER PACK £65

- 1 small olive oil
- Kitchen Roll (2pk)
- Aluminium Foil
- Salt & Pepper
- Fresh Coffee
- 4 Croissants (Fresh)
- Butter
- 1 Litre Semi skimmed Milk
- 1 White Loaf
- Sugar
- Jam
- 1 packet Shortbread

1 Red Wine
1 White Wine
1 bottle Coke
1 large bag Mackies Ready Salted
6 Tennents Lager
1 bottle Lemonade
1 box Oatcakes
2 large bottles still water
1 litre orange juice
1 peanuts